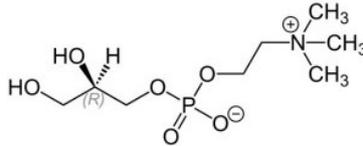




 FIREWATERSTAR

ALPHA GPC



100% Satisfaction Guarantee

Thank you for your purchase! We want you to have a stellar experience with our product. If you are not satisfied or it's not what your body needs right now, we will gladly refund your money and you can even keep the bottle. You must contact us first at support@firewaterstar.com for this guarantee.

Tips

- Do not take high daily doses if you are a new user. Start your dosage low and work your way up slowly. It's a good idea to start lower than the label's suggested use for a few days. Some people may experience a slight headache while taking Alpha GPC for the first time. It typically subsides in a day. Titrating your daily dose up slowly in the beginning may alleviate this issue.
- Liquid form supplements are already highly absorbable, but if you want to try to increase the effectiveness and speed, take your dose under the tongue. Place the liquid under your tongue and let it sit there and absorb for 30 seconds to a minute, then swallow the rest.
- Get into a highly productive "flow state" by putting on a set of high quality headphones with a great music playlist you can groove to. Once you get your music going and start doing your work, take a dose of Alpha GPC. Within the hour you should notice yourself "in the zone" and highly focused. While in the "flow state" you should notice that you are not easily distracted.
- Try coupling our Alpha GPC with the power of real Gold. Yep, we make a gold supplement from 99.99% pure Swiss gold. Check out our Secret Gold. It's real gold nano particles suspended in water. What is the secret? Consuming nano sized particles of gold helps to turn your DNA, brain, nervous system, and body tissues into superconductors of a greatly increased flow of etheric energy. Gold is a powerful energy conductor. Many experience enhanced mental lucidity, greater mind-body coordination, improved learning ability, increased creativity, and calmer reactions to stressful situations. It's well known to enhance one's awareness, intuition, and make one more energy sensitive. Secret Gold and Alpha GPC make for a knock out combo.

FAQs

Q. What is Alpha GPC supplementation used for?

A. Alpha GPC is a natural choline compound found in the brain which enhances cognitive function by converting phosphorylcholine into choline and acetylcholine resulting in it's brain boosting abilities. It is best known in helping one get into the "flow state" of being, also known as being "in the zone." Taking supplemental choline can help promote the health of your brain and nervous system. Choline is a vital component of your neurotransmitters. It's a brain boosting nootropic that supports attention, concentration, energy, focus, memory, mood, sharpness, and more. Alpha GPC supplementation may give you clean stimulant free energy and focus throughout the day.

Q. What does Alpha GPC mean?

A. It is short for L-Alpha-Glycerylphosphorylcholine. Yep... it is a mouthful.

Q. Is Alpha GPC choline?

A. Yes, it is the most bioavailable and highly effective form of choline. It is a great choice if you are looking to supplement with a choline supplement. Unlike choline citrate or choline bitartrate, it easily crosses the blood-brain barrier. This makes Alpha GPC a preferred choline source, especially, with experienced nootropic users.

Q. Is FireWaterStar Alpha GPC 99% pure?

A. Yes, it is pharmaceutical grade 99% purity. It is much costlier than the industry standard of 50% purity. At 50% purity, that means half of the Alpha GPC is filler. For instance, if a label states a serving is 300mg, it may

really be 150mg because half is filler. Our serving will be exactly what the label states because it is 99% pure. We don't believe in using unnecessary fillers and preservatives - the junk - if it can be avoided. So, we only source and use 99% pure Alpha GPC. And, we only package it in glass bottles to preserve its integrity. We want a high quality finished product because we use it too.

Q. Is Alpha GPC natural?

A. L-Alpha-Glycerolphosphorylcholine is a natural choline chemical found in the brain. Although it can be made by the body in minute quantities, supplement ingredients are typically made by professional chemical wizardry in a laboratory.

Q. Can Alpha GPC be used for Alzheimer's disease?

A. Alpha GPC is a supplement that may increase brain levels of acetylcholine, a neurotransmitter that is important for memory and learning. Neurons that produce acetylcholine are some of the first neurons lost in Alzheimer's disease, and theoretically, taking Alpha GPC may compensate for that loss. Alpha GPC is especially helpful for those suffering from age-related cognitive decline. Studies show it helps stop or reverse brain degeneration like Alzheimer's disease, and other cognitive disorders. Particularly in the early to mid-stages of the disease. In some European countries, Alpha GPC is a prescription drug for Alzheimer's disease. In the US, it's sold as a dietary supplement for memory enhancement.

Q. How does Alpha GPC work in the brain?

A. Alpha GPC boosts acetylcholine, a neurotransmitter tied to memory and overall brain function. Alpha GPC is a precursor to acetylcholine. It helps to improve the efficiency of communications between neurons in your brain. This increase in neural signaling boosts memory, learning, cognitive processing and mental clarity. Alpha GPC improves your brain function and learning processes by directly increasing synthesis and secretion of acetylcholine; as your body calls for it. And, instead of scavenging your brain's own membranes for Alpha GPC, you give it exactly the type of choline its looking for.

Q. Does Alpha GPC have any benefit with exercise and sports?

A. Alpha GPC can be a great way to boost your energy and focus prior to exercise and sports. Take it 30-45 minutes before you begin. It also stimulates the production of HGH, which can improve strength, and shorten recovery time following exertion, and encourage the building of lean muscle mass making it an invaluable supplement for athletes or anyone with an active lifestyle.

Q. Is Alpha GPC useful for ADHD and/or ADD?

A. There is no evidence that Alpha GPC can treat ADHD specifically. However, it does have cognitive benefits for memory that might have a secondary benefit for people with this condition. It may be useful when stacked with other nootropics that are known to improve ADHD symptoms, such as NALT or L-tyrosine.

Q. Are there any benefits for studying?

A. Alpha GPC could be a very useful study aid for many people due to its wide range of cognitive enhancements. It's known to help with motivation, memory, concentration, and "in the zone" focus.

Q. Are there any kind of side effects?

A. Alpha GPC is produced naturally in your body, so it is considered well tolerated and safe. Side effects are rare, but can include fatigue, headaches, nervousness, nausea, diarrhea and gastrointestinal issues. This is often an indication you have too much choline in your body. Because Alpha GPC causes an energy boost in many neuro-hackers, avoid dosing in the evening, or you may have difficulty getting to sleep.

Dosing FAQs

Q. How much do I take and can you take it every day?

A. When taken at recommended dosages Alpha GPC is well tolerated. For most adults the range of acceptable dosage is relatively broad; a cumulative daily dosage of 300-1200 mg, when taken in one or two doses, is safe and efficient. As is the case with all supplements, it is wise to start with the lowest possible effective dose and build gradually as needed. You can most likely take it every day, but as with all nootropic supplements, we recommend cycling it. This means sticking to a schedule where you take it on weekdays and not on the weekends or take a whole week off every couple of months. It's important to listen to your body and discontinue any supplement you think may be causing issues.

Q. What is the label's suggested use and directions?

A. Shake well before each use. Take one serving per day, preferably, in the morning. If tolerable, take a second serving later in the day. For adults only. One serving is 300mg of 99% pure Alpha GPC.

[DOSING CONSIDERATIONS FOR ALPHA GPC]

The appropriate dose of Alpha GPC depends on several factors such as the user's age, health, and several other conditions. At this time there is not enough scientific information to determine an appropriate range of doses for Alpha GPC. Keep in mind that natural products are not always necessarily safe and dosages can be important. Be sure to follow relevant directions on product labels and consult your pharmacist or physician or other healthcare professional before using. Little research has been done on Alpha GPC's effects on pregnant women, so those who are pregnant or nursing are advised to refrain from use.